Guidelines for Returning to Fall Dance at River Valley Dance Academy

This piece of communication will be shared with all staff and customers.

Jocelyn Braudt, as the Owner of RVDA will share this communication, and discuss with staff, their responsibilities as they pertain to our Covid 19 preparedness plan.

Before coming to RVDA, a symptom check should be done at home. If you have a fever, or symptoms that could be covid 19 related, stay home. (See the end of this document for positive covid 19 results, and further directions.)

Wash your hands before arriving at RVDA

Car Traffic:

> Classes held in studio A will arrive and be released first (5 minutes before scheduled time)
> Classes in studio B will arrive and be released second (on time)
> Classes in studio C will arrive and be released last (5 minutes after scheduled time)

When picking up students, go to the bottom of the hill, turn around, and pull up in a line by the curb on the opposite side of the driveway, students being released from studio A come to the top of the hill first. Once those students have been picked up ,parents picking up from studio B should pull up the hill next, once those students have been picked up, students being picked up from studio C should pull forward.

When dropping off: parents dropping off for studio A, please park at the top of the hill in the parking spots, parents dropping off for studio B , park in the center of the building, parents dropping off for studio C, park at the lower end of the building.

Staff will park in the lawn or the bottom lot by the loading dock.

Entering the building:

A staff person will exit the building and hold the Letter on a pole for the studio be called in. Those students will then exit their vehicles, masks should be on. Students will then line up on the sidewalk, 1 person per cement square. (Young children may have a parent walk them to the door) (pre schoolers who need their parent to enter the building the first few weeks may be accompanied by a parent to get settled in the studio.)

Temperatures will be checked, hand sanitizer will be applied, then staff will signal for parents to pull out, once we know all students are safe for class. Then the next studio will be released and welcomed.

Wear a mask upon arrival, masks will be worn in the building, and during class time. If you have a medical exemption, you may wear a face shield instead.

Do Not greet participants with a hug.

Maintain 6 feet between yourself and others.

Use of hand sanitizer will be promoted before and after class. The studio will provide hand sanitizer.

We can socially distance 10 students per class in studio B, and 12 students per class in studios A and C

Traveling combinations shared during class time, require a dancer to cross the floor entirely, before the next dancer has a turn. Teachers will alternate line up windows as well.

Classes will be geared toward technique, skill development, and choreography that can be done independently, and social distanced.

Choreography where dancers pass, face, lift, partner , or touch, will not be permitted at this time.

Props such as poms, scarves, hats, wands, bean bags, will not be used in in person classes during this time.

Props that can be wiped with disinfectant can be used in class, ie: handle of a ribbon stick, hoola hoop, acro mat

Exercise for the healthy dancer, and conditioning, will still require use of thera bands, balls, etc. These will be provided and maintained for cleanliness by the dancer, and not shared.

Instructors who use large exhales as part of "centering", or exhales as part of emoting choreography; these techniques will be eliminated at this time.

Singing for Musical Theatre will be done in masks, and socially distanced.

When indoors, the lobby and dressing area will be closed during this time. When students enter and exit the building, they will go directly to their classes. Guests will not be allowed to congregate in the lobby while classes are being held.

Students will enter the door on the right, and exit the door on the left. There will be signs.

Magazines and lobby toys will be removed from the lobby.

The water fountain will not be used during this time, and students are encouraged to bring water bottles.

Payments should be mailed in if using check, or students can place checks in the black box provided at the studio. The online portal is now the primary way to receive payments.

The restrooms will be available one at a time for emergencies. Sanitization supplies will be provided so touch points can be wiped down in between users. Soap and hand sanitizer will be provided for hand washing before returning to class.

A deep cleaning has been done by a professional cleaning service, prior to students returning.

Cleaning, and sanitization of touch points will occur frequently throughout the days students are in the building.

If barres are used, they will be wiped down in between classes, as well as touch points in each classroom. Hand sanitizer will be provided to all dancers prior to using barres.

Classrooms will have staggered times so that students are not passing in the hallway and lobby all together. This means classes in studio A will let out 5 minutes to the hour, B on time, and C 5 minutes after the hour. Students entering the building should not arrive early, and should remain in their vehicles until the instructors wave them in, once the previous classes have been dismissed and touchpoints wiped down

*Any dancers or staff who become infected with Covid 19, MUST report it to Jocelyn. Those who you have come in contact with at the studio will be contacted directly. A mass email will be sent to the studio families, and if you have been at the studio that week, we will need to close for greater than 72 hours to deep clean. The MN Department of Health will be notified.

All classes offer a zoom option, if you are not ready to be in person.

Eco Labs is providing our floor sanitizer
Restaurant solutions is providing the hand sanitizer for our wall stations
Bio Tab 7 is being used for our disinfectant
These items are all commercial grade and on the N list.